

1 Let  $\tilde{C}$  be the constant from the Poincare inequality. Then we get

$$\begin{split} |f|_{1,p}^p &= \int |\nabla f|^p \leq \int |f|^p + \int |\nabla f|^p = ||f||_{1,p}^p \\ &\leq \tilde{C}^p |f|_{1,p}^p + |f|_{1,p}^p = (1 + \tilde{C}^p) |f|_{1,p}^p. \end{split}$$

Taking the *p*'th root we see that  $C = \left(1 + \tilde{C}^p\right)^{1/p}$ .

2 (Evans, problem 8 p. 308): We are to show that there are in general no trace operator for  $L^p$ -functions  $(1 \le p < \infty)$ , i.e. a bounded linear operator  $T: L^p(\Omega) \to$  $L^p(\partial\Omega)$  such that  $Tf = f|_{\partial\Omega}$  for  $f \in L^p(\Omega) \cap C(\overline{\Omega})$ . It is enough to find one example such that this cannot hold, so let us consider  $\Omega = B(0,1) \subset \mathbb{R}^2$  and define

$$f_n(r,\theta) = ((1 - n(1 - r))^+)^{1/p},$$

where by  $g^+$  we mean the positive part of a function g. It is clear that  $0 \le f_n \le 1$ and  $f_n \in C(\overline{\Omega})$ . It is straightforward to show that  $\|f_n\|_{L^p(\partial\Omega)}^p = 2\pi$ , while further calculations yield

$$\|f_n\|_{L^p(\Omega)}^p = \int_0^{2\pi} \int_{1-1/n}^1 (1-n(1-r))r \, dr \, d\theta = \dots = \frac{2\pi}{6n^2} (3n-1).$$

Together this gives

$$\frac{\|f_n\|_{L^p(\partial\Omega)}}{\|f_n\|_{L^p(\Omega)}} = \left(\frac{6n}{3-\frac{1}{n}}\right)^{1/p} \xrightarrow[n \to \infty]{} \infty,$$

i.e. there can be no constant C such that  $||f_n||_{L^p(\partial\Omega)} \leq C ||f_n||_{L^p(\Omega)}$  for all n, and so T cannot be bounded if it exists.

**3** (Evans, problem 4 p. 306): We are given  $f \in W^{1,p}((0,1))$  for  $p \in [1,\infty)$ , and are to show that

$$|f(x) - f(y)| \le \left(\int_0^1 |f'(t)|^p \, dt\right)^{1/p} |x - y|^{1 - 1/p}.$$
(1)

As  $f \in W^{1,p}((0,1))$  we know that its weak derivative f' is defined a.e. and belongs to  $L^p((0,1))$ . Let us then define  $g(x) = \int_0^x f'(x) dx$  which is well defined as  $L^p((0,1)) \subseteq$  $L^{1}((0,1))$ , and even absolutely continuous as it is defined as an integral from 0 to x of a integrable function. From the first fundamental theorem of calculus we have that g'(x) = f'(x) a.e., and then for any  $\varphi \in C_c^{\infty}((0,1))$  we have

$$\int_0^1 (f(x) - g(x))\varphi'(x) \, dx = -\int_0^1 (f'(x) - g'(x))\varphi(x) \, dx = 0,$$

showing that the weak derivatives of f and g are equal a.e. and then the functions themselves a.e. differ by at most a constant. Then for x, y where f is defined we have

$$\begin{split} |f(x) - f(y)| &= |g(x) - g(y)| = \left| \int_0^x f'(t) \, dt - \int_0^y f'(t) \, dt \right| \le \int_{(0,x) \triangle(0,y)} |f'(t)| \, dt \\ & \stackrel{\text{Hölder}}{\le} \left( \int_{(0,x) \triangle(0,y)} |f'(t)|^p \, dt \right)^{1/p} |x - y|^{1 - 1/p} \\ & \le \left( \int_0^1 |f'(t)|^p \, dt \right)^{1/p} |x - y|^{1 - 1/p}, \end{split}$$

which is what we wanted.

**a**) By Greens first identity and zero boundary terms because of compact support

$$\int_{\Omega} |\nabla f|^{p} = \int_{\Omega} \nabla f \cdot \nabla f |\nabla f|^{p-2} = -\int_{\Omega} f \nabla \cdot (\nabla f |\nabla f|^{p-2})$$
$$= -\int_{\Omega} f \triangle f |\nabla f|^{p-2} - \int_{\Omega} f \nabla f \cdot \nabla (|\nabla f|^{p-2})$$

For the last term we have

$$\frac{\partial}{\partial x_i} |\nabla f|^{p-2} = (p-2) |\nabla f|^{p-4} \sum_{j=1}^d f_{x_j} f_{x_i x_j} = (p-2) |\nabla f|^{p-4} (\nabla^2 f \, \nabla f)_i$$

where  $\nabla^2 f$  is the Hessian matrix of f. Hence

$$\begin{split} \int_{\Omega} |\nabla f|^p &= -\int_{\Omega} f \triangle f |\nabla f|^{p-2} - (p-2) \int_{\Omega} f |\nabla f|^{p-4} (\nabla f)^T \nabla^2 f \, \nabla f. \\ &\leq C \int_{\Omega} f |\nabla f|^{p-2} |\nabla^2 f|. \end{split}$$

At this point we want to use Holders inequality. We need to make the exponents for  $|\nabla f|$  on both sides of the equation match.

$$\int_{\Omega} |\nabla f|^p \le C \left( \int_{\Omega} |\nabla f|^p \right)^{1-\frac{2}{p}} \left( \int_{\Omega} |f|^{\frac{p}{2}} |\nabla^2 f|^{\frac{p}{2}} \right)^{\frac{2}{p}}.$$

Notice that  $p\geq 2$  is required. Dividing and applying Cauchy Schwartz inequality gives

$$\int_{\Omega} |\nabla f|^p \leq \tilde{C} \left( \int_{\Omega} |f|^p \right)^{\frac{1}{2}} \left( \int_{\Omega} |\nabla^2 f|^p \right)^{\frac{1}{2}}.$$

Taking the p'th root gives the desired estimate.

**b)** First we claim that if  $f \in W^{2,2}(\Omega) \cap W^{1,2}_0(\Omega)$  then there are

$$f_m \in C^2(\bar{\Omega}), f_m \to f \quad \text{in } W^{2,2}$$
$$g_m \in C_c^\infty, g_m \to g \quad \text{in } W^{1,2}.$$

The claims follows since  $\partial\Omega$  is  $C^2$ . The first claim is a consequence of theorem 8 since  $C^{\infty}(\bar{\Omega}) \subset C^2(\bar{\Omega})$ . The second claim follows by theorem 21, the second trace theorem.

We use Greens identity on  $\nabla f_m \cdot \nabla g_m$  in a way so that the boundary terms gives zero contribution  $(g_m \in C_c^{\infty}(\Omega))$ 

$$\int_{\Omega} \nabla f_m \cdot \nabla g_m = -\int_{\Omega} g_m \Delta f_m \le C \int_{\Omega} |g_m| |\nabla^2 f_m| \le C \left( \int_{\Omega} |g_m|^2 \right)^{\frac{1}{2}} \left( \int_{\Omega} |\nabla^2 f_m|^2 \right)^{\frac{1}{2}} \rightarrow C ||f||_2 ||\nabla^2 f||_2$$

as  $k \to \infty.$  The left hand side converges to  $\int_\Omega |\nabla f|^2$  :

$$\left| \int_{\Omega} \nabla f_m \cdot \nabla g_m - |\nabla f|^2 \right| \leq \int_{\Omega} |\nabla f_m (\nabla g_m - \nabla f) + \nabla f (\nabla f_m - \nabla f)|$$
$$\leq ||\nabla f_m||_2 ||\nabla g_m - \nabla f||_2 + ||\nabla f||_2 ||\nabla f_m - \nabla f||_2 \to 0.$$

In total we have

$$\int_{\Omega} |\nabla f|^2 \leq C ||f||_2 ||\nabla^2 f||_2.$$

Taking the square root gives the desired estimate.

c) The same calculations as in a) gives

$$\int_{\Omega} |\nabla f|^{2p} \le C \int_{\Omega} |f| |\nabla^2 f| |\nabla f|^{2(p-1)} \le C ||f||_{\infty} \int_{\Omega} |\nabla^2 f| |\nabla f|^{2(p-1)}.$$

We use Holders inequality and match the exponents of  $|\nabla f|$  and recalling  $p \ge 1$ :

$$\int_{\Omega} |\nabla f|^{2p} \le C ||f||_{\infty} \left( \int_{\Omega} |\nabla f|^{2p} \right)^{1-\frac{1}{p}} \left( \int_{\Omega} |\nabla^2 f|^p \right)^{\frac{1}{p}}$$

This gives

$$||\nabla f||_{2p}^2 \le C||f||_{\infty}||\nabla^2 f||_p.$$

Taking the square root gives the estimate.