



1 The weak solution $u \in W^{1,2}(\mathbb{R}^d)$ of $u - \Delta u = f \in L^2(\mathbb{R}^d)$ by definition satisfies

$$\langle u, \varphi \rangle_{W^{1,2}} := \int_{\mathbb{R}^d} (u\varphi + \nabla u \cdot \nabla \varphi) dx = \int_{\mathbb{R}^d} f\varphi dx \quad \text{for all } \varphi \in W^{1,2}(\mathbb{R}^d).$$

In particular, this holds with $\varphi = u$, so that

$$\|u\|_{W^{1,2}}^2 = \left| \int f u dx \right| = \|u\|_{W^{1,2}} \frac{|f(u)|}{\|u\|_{W^{1,2}}} \leq \|u\|_{W^{1,2}} \sup_{0 \neq \phi \in W^{1,2}} \frac{|f(\phi)|}{\|\phi\|_{W^{1,2}}} = \|u\|_{W^{1,2}} \|f\|_{(W^{1,2})'},$$

where we have identified $f \in L^2$ with the regular distribution $\phi \mapsto \int f\phi$ in $(W^{1,2})'$. Thus

$$\|u\|_{W^{1,2}} \leq \|f\|_{(W^{1,2})'}.$$

By linearity, $D_{+,i}^h u$ solves $u - \Delta u = D_{+,i}^h f$ weakly for all h and $i = 1, \dots, d$, and so

$$\|D_{+,i}^h u\|_{W^{1,2}} \leq \|D_{+,i}^h f\|_{(W^{1,2})'}$$

as well. Estimating

$$\left| \int D_{+,i}^h f \phi dx \right| = \left| \int f D_{-,i}^h \phi dx \right| \leq \|f\|_{L^2} \|D_{-,i}^h \phi\|_{L^2} \lesssim \|f\|_{L^2} \|\partial_i \phi\|_{L^2} \leq \|f\|_{L^2} \|\phi\|_{W^{1,2}}$$

with help of Theorem 47 (a) from the lectures, then shows that

$$\|D_{+,i}^h u\|_{W^{1,2}} \leq \|D_{+,i}^h f\|_{(W^{1,2})'} \lesssim \|f\|_{L^2}$$

for all $h > 0$. Hence, invoking Theorem 47 (b), $u \in W^{2,2}$.