Mass spring system: Free oscillation

Undamped system my'' + ky = 0

$$y(t) = A \cos \omega_0 t + B \sin \omega_0 t = C \cos(\omega_0 t - \delta),$$

$$\omega_0 = \sqrt{\frac{k}{m}}, \ C = \sqrt{A^2 + B^2}, \ \tan \delta = \frac{B}{A}.$$

y(t) is called a harmonic oscillation, it describes periodic motion with period $2\pi/\omega_0$, frequency $\omega_0/2\pi$ and amplitude C. Initial values are y(0) = A, $y'(0) = \omega_0 B$.

Damped system my'' + cy' + ky = 0. Roots of the characteristic equation are

$$\lambda_{1,2} = \frac{-c \pm \sqrt{c^2 - 4mk}}{2m}$$

- $c^2 > 4mk$, two real roots, overdamping
- $c^2 = 4mk$, double real root, critical damping
- $c^2 < 4mk$, two complex roots, underdamping